

Aircraft Cabin Air Contamination - Health & Flight Safety Implications



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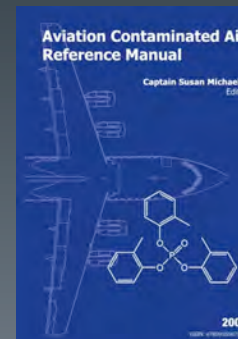
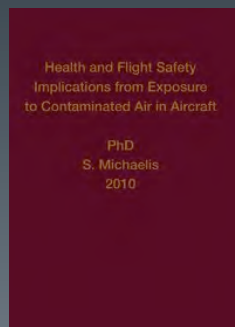
Lecture for the German Aerospace Society (DGLR), German Engineering Society (VDI),
Royal Aeronautical Society Hamburg Branch (RAeS) and
Hamburg University of Applied Sciences (HAW Hamburg)

HAW Hamburg, 08/11/12

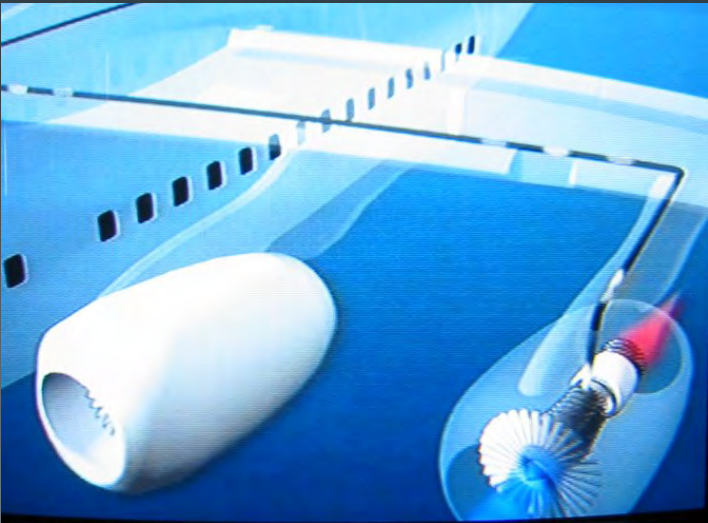
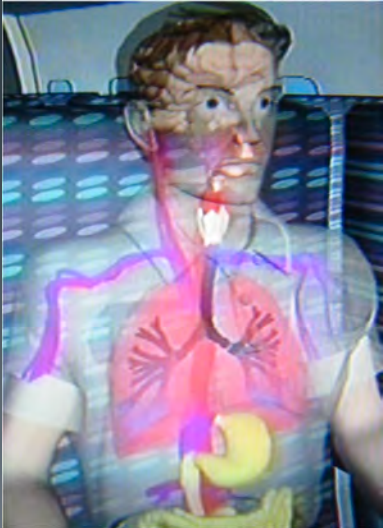
My Background



- Australian ATPL pilot (1986-1997)
- PhD (2010) - Safety Science (aviation), University Of New South Wales, Australia – “Health & flight safety implications from exposure to contaminated air in aircraft” -ISBN: 978-0-95-554377-7
- Aviation Health & Safety Consultant /OH&S consultant
- Head of Research Global Cabin Air Quality Executive (GCAQE.org)
- NEBOSH; COSHH; IOSH
- Author - Aviation Contaminated Air reference Manual: 2007 (ACARM)
- Briefed industry, Governments, military, unions... on health & flight safety implications of CAQ for over 15 years



What is the Problem?



What is the Problem?



- Oil used for cooling, lubrication, sealing...
- Pressurized seals are used to prevent oil leakage from bearing chambers
- Oil leakage kept to minimum by pressurizing bearing sump with compressor bleed air; (seal leakage air)
- Seal leakage air is a performance/cost penalty
- Oil leakage into compressor & cabin air off-take – Degraded air quality (“dirty sock odour”)

Oil leaks as a function of design, operation (wear, clearances), maintenance (failure)

What is the Problem?



Engines leaking oil into air supply

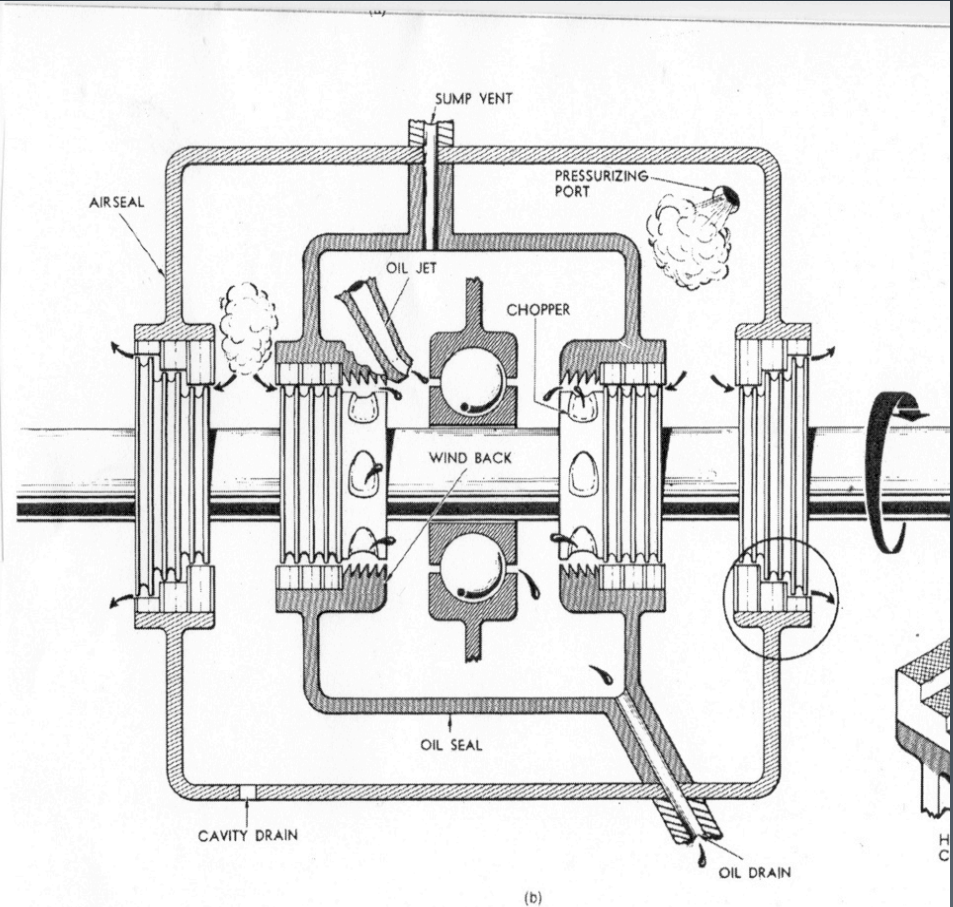
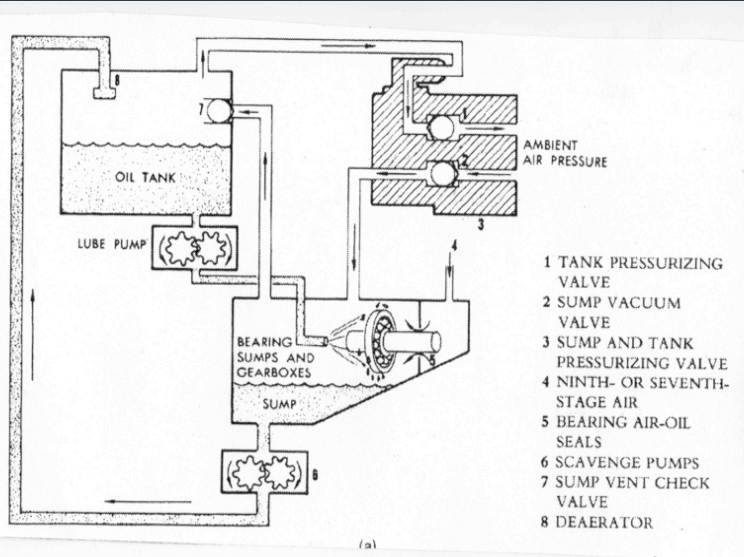


FIG. 15-9 (a) A simplified diagram of a tank and sump pressurizing system. (b) The sump sealing system used on the General Electric CF6 high-bypass-ratio turbofan engine.

What is the Problem?



- Pressure drop theoretically keeps oil inside bearing chamber but not occurring in practice
- Air / oil vented from chambers with air vented overboard (oil?)
- Sealing factors are critical (clearances /wear/ compatibility...)
- Coking, carbon & sludge deposits, foaming, oxidation of oil
- Sealing may not be fully efficient at various stages of operation: e.g.: start-up, transient power changes...

Oil leaks as a function of design, operation (wear, clearances), maintenance (failure)

What is the Problem?



Engine Contribution to Safety

- Main engine threats:
 - High energy non-containment
 - Uncontrolled fire
 - Separation of engine/powerplant components
 - Major loss of thrust control
 - **Toxic products in cabin air**
- Analysis of service events shows that engines are not the major contributor to accidents



What is in Oil?



Synthetic Jet engine oils – Exposed to very high temps (>700°F / 371°C)

- ✈ Base stock (95%) – Polyol esters – pyrolysis
- ✈ Organophosphate (TCP, Tricresyl phosphate): Antiwear additive: 3%~
 - Neurotoxin; Toxicity known since 1930s
 - Irritant (skin, eyes, respiratory tract, mucous membranes)
 - (Ortho isomers in oil <0.01% [<0.1%*] - Should not be seen as ‘non hazardous’
- ✈ PAN – n-phenyl-alpha-naphthylamine: Antioxidant: 1%
 - **‘IRRITANT** -Hazardous substance – Sensitization properties
R 43 – sensitization by skin contact – long-term/repeat
 - ST effects (skin, eye, mucous membrane irritant; effects on blood
 - Contaminant: BNA, CAT 1, Sched 1 carcinogen & PBN (cat 3)
- ✈ **WIDE RANGE OF PYROLYSIS PRODUCTS**

What is the Problem?



- ✈️ No contaminated air sensors fitted
- ✈️ Bleed air is **not** filtered
- ✈️ Oil **is** hazardous/toxic
- ✈️ Triaryl phosphates – Durad 125 (aviation lubricants formulation of TCP) & non ortho TCP isomers (TPCP) almost as inhibitory as TOCP (Baker/Cole/Furlong 2012)

There are very real health & flight safety implications

Oil Warnings



1998-2004

‘Warning! Contains Tricresyl Phosphate

- **Prolonged or repeated breathing of oil mist or prolonged or repeated skin contact can cause nervous system effects.**
- **Avoid prolonged or repeated overexposure to skin or lungs.’**

2004:

‘This product is not expected to produce adverse health effects under normal conditions of use and with appropriate personal hygiene practices. Product may decompose at elevated temperatures or under fire conditions and give off irritating and/or harmful (carbon monoxide) gases/vapors/fumes. Symptoms from acute exposure to these decomposition products in confined spaces may include headache, nausea, eye, nose, and throat irritation.’

Leaking oil is an abnormal condition of use – Mobil 2000; Risk assessments- not done X

Warnings – selected examples only



1990: Mobil: “It is reasonable to assume that a hazard exists by inhalation of mists or vapors of aryl phosphate esters.”

1969: Rolls-Royce: Oil evaporation loss is minor part of oil consumption only, with major part being loss of oil from permissible leakage past certain seals, escape of mist / aerosol via breathers, loses during inspections/servicing.

1999: Australian regulator, CASA: Oil fumes leaking into the air supply is a ‘feature of the basic design of air-conditioning systems in aircraft being bleed air from engines’

Warnings – selected examples only



1999: UK Government – “Inhalation of mists containing TCP... would be hazardous & TCP is toxic”

2003: Rolls-Royce, Germany – “Any oil leaking from an engine, entering the aircraft customer bleed offtake is classified as HAZARDOUS”

2003: German Regulator, LBA: Oil leakage... and oil residues... may lead to harmful contamination of the cabin air and cause intoxication of the flight crew

1953 - B 52



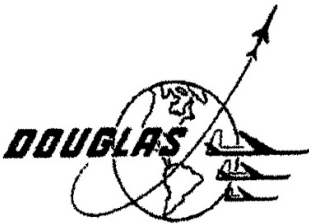
- Boeing- B 52 Decontamination program – smoke / odor repeatedly reported/permeates nasal passages, clothing, cabin lining... lingers for substantial time...
- Possible toxic effect still unknown

1954 – Douglas- Engine Bleed Air Contamination Study



15 January 1954 Report No. SM 15195

ENGINE COMPRESSOR BLEED AIR CONTAMINATION STUDY
XC-132 PROJECT



Prepared by: H. W. Maddock

Approved by: J. L. Allen
J. L. Allen

Approved by: W. W. Reaser
W. W. Reaser, Chief
Air Conditioning Engineer

COPY NO. 5

Contract Number AF33(600)-23055

DOUGLAS AIRCRAFT COMPANY, INC.
Santa Monica, California

- Bleed air temps to be kept below oil ‘cracking & thermal decomposition’ temps;
- Felt much more could be done to reduce this contamination at its source

1954 – The Toxicity of Certain Lubricants, Engine Oils.....Thermal Decomposition-TREON- USAF study



WADC TECHNICAL REPORT 54-344

**THE TOXICITY OF CERTAIN LUBRICANTS, ENGINE OILS,
AND CERTAIN OF THEIR CONSTITUENTS, WITH PARTICULAR
REFERENCE TO THE PRODUCTS OF THEIR
THERMAL DECOMPOSITION**

JOSEPH F. TREON
FRANK P. CLEVELAND
JOHN CAPPEL

KETTERING LABORATORY
UNIVERSITY OF CINCINNATI

NOVEMBER 1954

AERO MEDICAL LABORATORY
CONTRACT No. AF 33(038)-28456
RDO No. 698-31

WRIGHT AIR DEVELOPMENT CENTER
AIR RESEARCH AND DEVELOPMENT COMMAND
UNITED STATES AIR FORCE
WRIGHT-PATTERSON AIR FORCE BASE, OHIO

Carpenter Litho & Print. Co., Springfield, O.
200 - 21 April 1955

- **Inhalation study**
- Toxicity arises from breakdown of base stock (95% of oil) – Thermal decomposition products
- Mists at 600°F (315 °C) very much more toxic than those formed at 450-500°F.
- Pneumonitis, degenerative changes to liver, brain & kidneys

My Dissertation - Research Questions



- ✈ What health effects are being reported in crew exposed to contaminated bleed air?
- ✈ What monitoring has been undertaken, can such data be used to assess exposure impact on human health?
- ✈ How often do contaminated bleed air events occur and what are the flight safety implications?
- ✈ Have the aviation industry and Governments dealt with the contaminated bleed air issue appropriately?

2010 - Germany, Flight Safety



✈ December 2010 (A319) - BFU report (released in October 2012)

✈ **Capt:** strong dizziness, loosing senses, sudden tunnel vision, tingling hands & feet, stretched to the limit of capacities;

✈ **Co-pilot :** Feeling of throwing up, couldn't handle the flight info and general flight status

(FO: felt very bad, loose feeling in hands

and feet..."Oh my god, please make us land safely, please let us survive, Goddammit, what can I do?")

✈ **1 pilot incapacitation / 1 pilot partial incapacitation**

✈ **Co-Pilot off work sick for 6 months...**



My Story



- BAe 146 1994-1997
- Repeat dirty sock odour at transient flight operations (oil)
- Acute adverse effects
- Loss of CASA medical certification in 1997 after escalation of Symptoms
- Selected long-term effects remain 15 years on

Safety/Health – 1999 - Malmö



- Both pilots temporarily totally incapacitated in flight.
- Oil leak identified.
- Oil-based chemicals identified in air supply system; (including TCP) no other explanation for symptoms.
- Captain no longer able to fly – loss of medical cert



An Actual Incident



Recent Repeat Events at US Airways — (Murawski, AIAA 2011)



- 11 documented events Dec 28, 2009 -Mar 16, 2010; B767
- Majority were documented oil and/or hydraulic fluid contamination; others were likely residual oil/HF contamination, breathing air supplied through dirty ventilation ducts
- At least six pilots, 25 FA still ill; tremors, memory problems, fatigue, poor balance, chronic headaches, etc; one FA and one pax had strokes
- 2 pilots off same flight lost medicals

UK- 2000 - AAIB

- *'Oily metallic smell on the flight deck also evident previous sector. On this occasion, numerous ATC calls were missed, prompting ATC to ask a/c "if everything was all right". P1 then forgot to slow a/c during approach until reminded to do so by ATC at 3.7d (miles). Crew unaware that they were becoming partially incapacitated..'*
- *Emergency oxygen used for go-around and next landing*
- *Crew considered oil source after landing, No defects found.*
- *Further oil fumes reported 4 days later with oil leakage traced to APU*

Safety/Health



- Cara: Medically retired at 29, BAe 146
- undiagnosed neurological symptoms(dizziness, cognitive partial grey outs...)
- Aerotoxic pattern
- High rate of ill health reported in airline

Offshore Industry, Norway

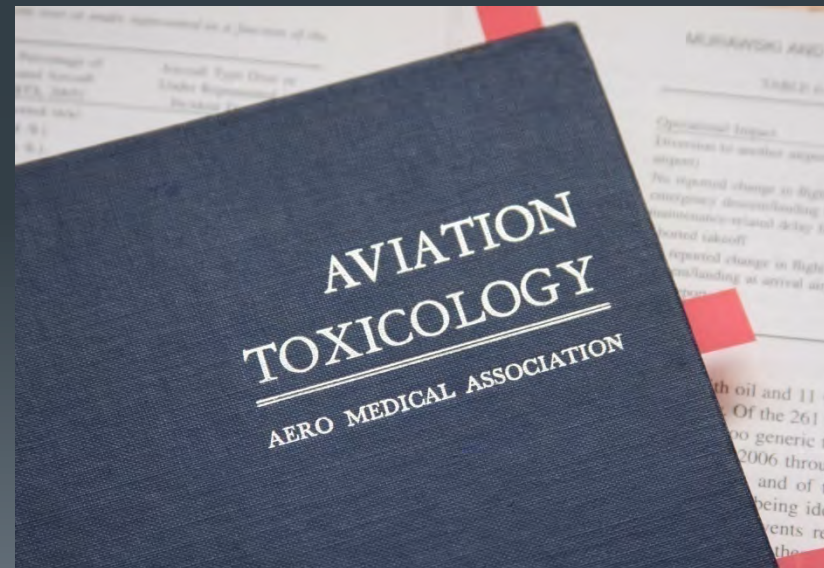
Harry



In case you've forgotten !!!

- Pyrolyzed oil “can contain irritant and toxic aldehyde and other dangerously toxic products of incomplete combustion...” (Stovell, 1953)

“Even a small degree of bodily impairment from toxic gases would lead to increased pilot error and so be hazardous in aviation.”





Awareness



Extensive awareness in 1950s and 1960s

Exposure to synthetic lubricants:
Hazardous / Toxic- TREON (USAF) 1954.....

Critical temp: (> 600°F /316°C):
Degradation of base stock/TCP

Contamination of air was key concern:
Design/performance

Concern of rising engine temperatures &
toxicity – forgotten by 1970

Adverse effects in crews

General

Industry awareness – Extensive:
To the – present day

Engines temps routinely used above
critical oil temps

Engine compressor bleed air fails to meet
certification and safety analysis
requirements as occurrence >
10⁻⁵(remote)

Wide variety of regulations (oil leakage)
fail to be met

Frequency of Contaminated Air Events



- ✈ Records incomplete/ under-reporting is very common;
- ✈ Events are NOT rare
- ✈ 32% of contaminated air events involved crew impairment;
- ✈ Oxygen rarely used
- ✈ Significant flight safety events identified;
- ✈ Airline: Oil fumes reported in 1% of flights at major UK airline
- ✈ Engineering is often not finding source of fumes with aircraft dispatched with repeat events
- ✈ Design & operation of oil seal system explains frequency



Frequency of Events



- ✈ Significant under-reporting and contaminated air events not rare;
- ✈ Regulator/airline/manufacturer databases are unreliable;
- ✈ Less than 4% of events are reported;
- ✈ It is not possible to determine a reliable rate of contaminated air events – (EASA 2009);
- ✈ **Seal design fails to prevent oil leakage over the full engine operating range and seal wear provide the basis for oil leakage at lower levels. This is an inadequate design and operational feature of using bleed air;**
- ✈ Industry focus has incorrectly been placed on maintenance failures;
- ✈ Lower level synthetic oil leakage is an **expected / accepted** occurrence of the bleed air system.

Air Quality Monitoring



General air studies	'n'	Contaminated air studies	'n'
General air studies - no fume events (38%)	20	Contaminated air studies - (62%)	35
Epidemiological studies – during monitoring (no fume event)	06	Fume event *short duration/minor	01
Epidemiological studies – Not during monitoring (no fume event)	2	Epidemiological studies – not during monitoring (no fume event)	05
Cabin air deemed acceptable (60%)	12	TCP found (51%)	18
		Oil constituents identified as source (66%)	23
		Cabin air deemed acceptable (32%)	11

- Epidemiological studies of very limited benefit
- Air deemed acceptable: strong industry affiliation

Air Quality Monitoring

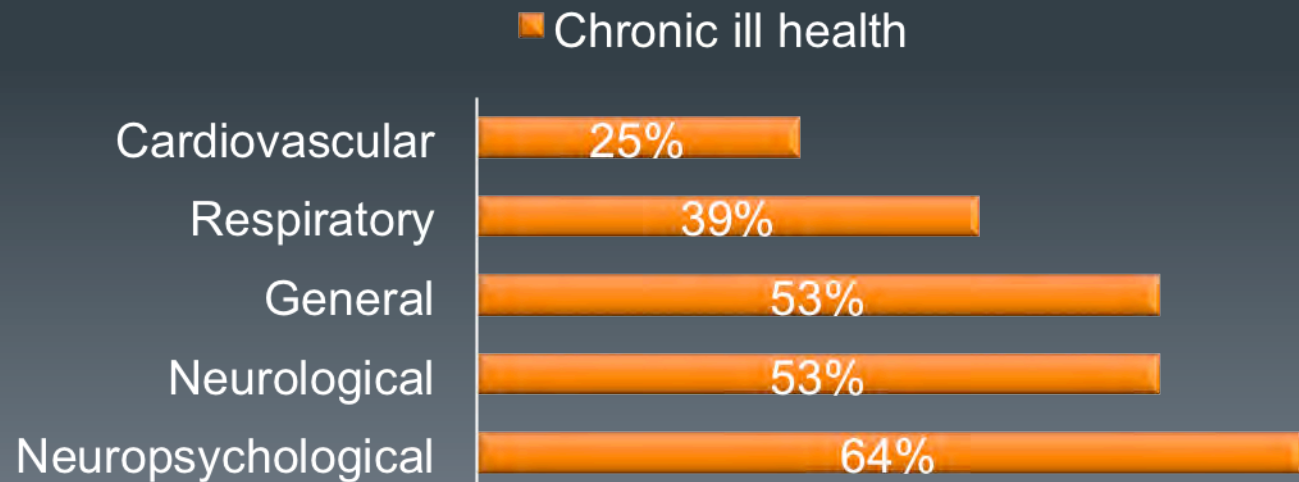
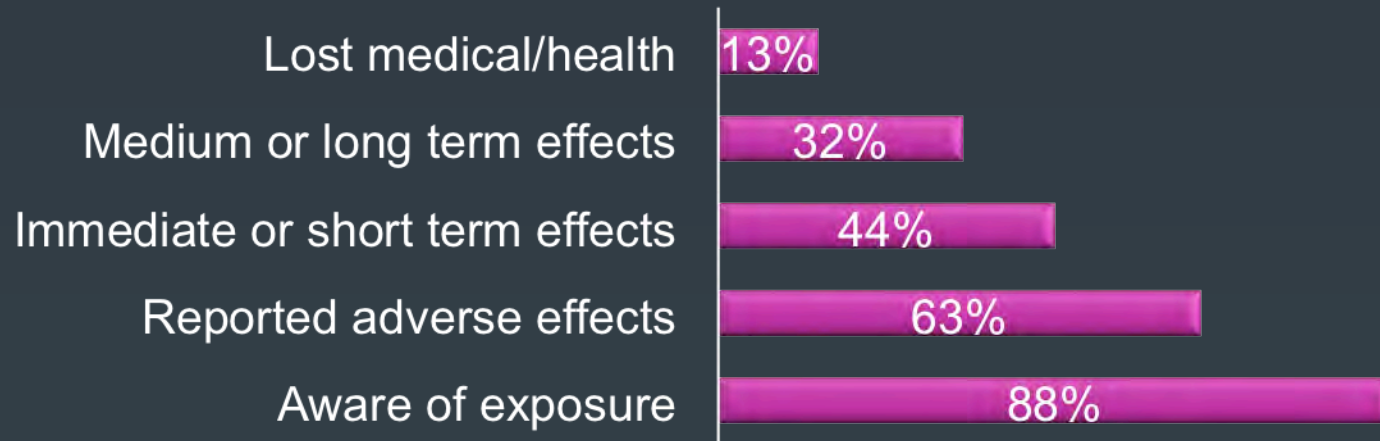


- Oil studies – Extensive;
- 1954: USAF – Toxicity of heated synthetic oils identified;
- Study techniques – generally inadequate;
- Analysis of results – inappropriate;
- General air quality monitoring studies (36% of studies) have been inappropriately widely used to suggest acceptability (60%) of cabin air;
- Specific contaminated air studies were of mixed value; with oil identified in 66% and TCP identified in 51% of the studies;
- Epidemiological studies are of very limited value and can't be used to suggest air is safe & not able to cause adverse effects
- **UK Government studies: TCP found in 23% of flights – “Normal flights” with oily... fumes reported in 38% of the flights – UK Cranfield study... considered safe (Swab sampling IOM findings were similar) 2011/12**

Health Effects



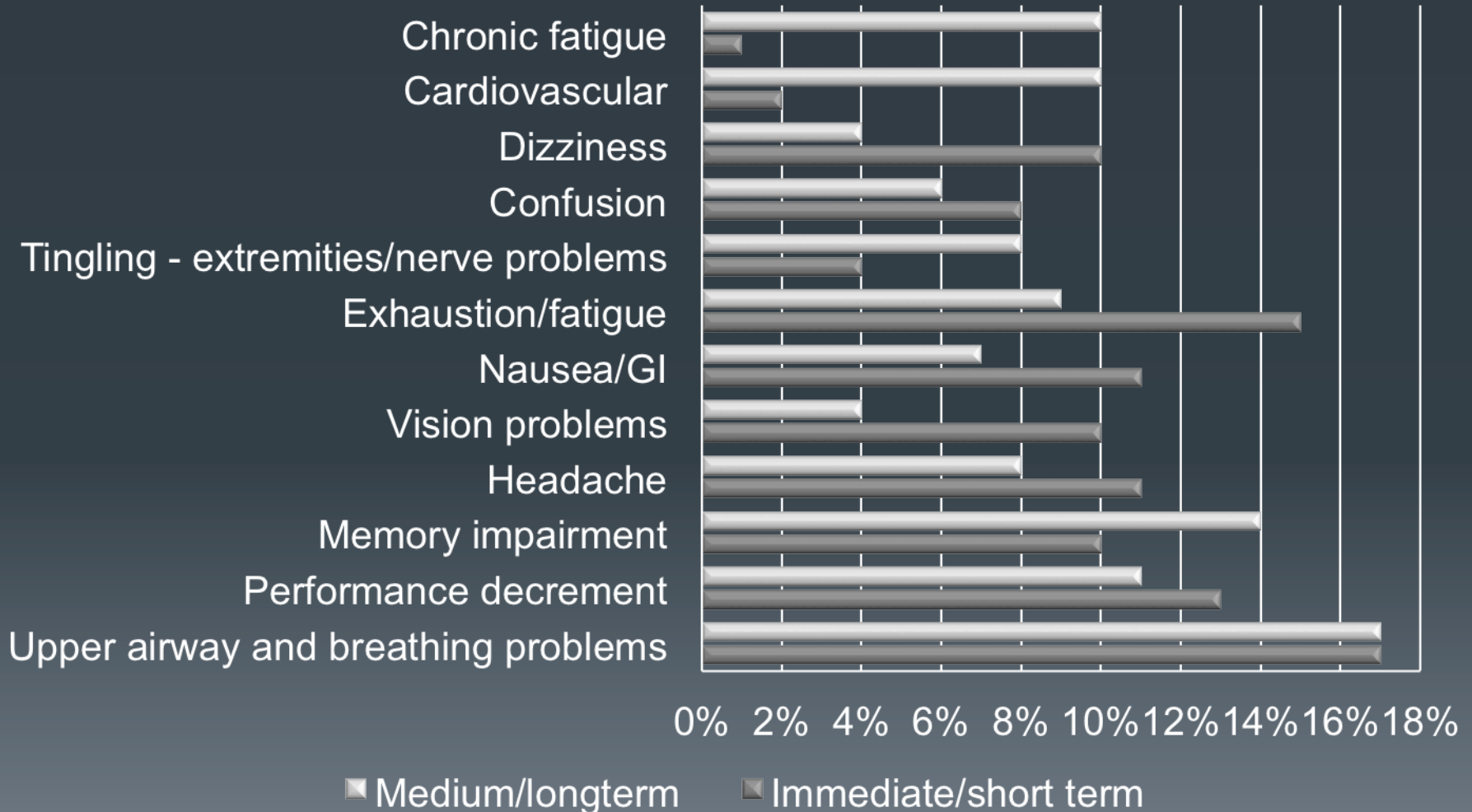
BAe 146/RJ Adverse health effects. n=274



Health Effects



BAe 146/RJ - Health effects n=219



Aerotoxic Syndrome (2000)



Studies show consistent pattern of acute and chronic symptoms/dysfunction

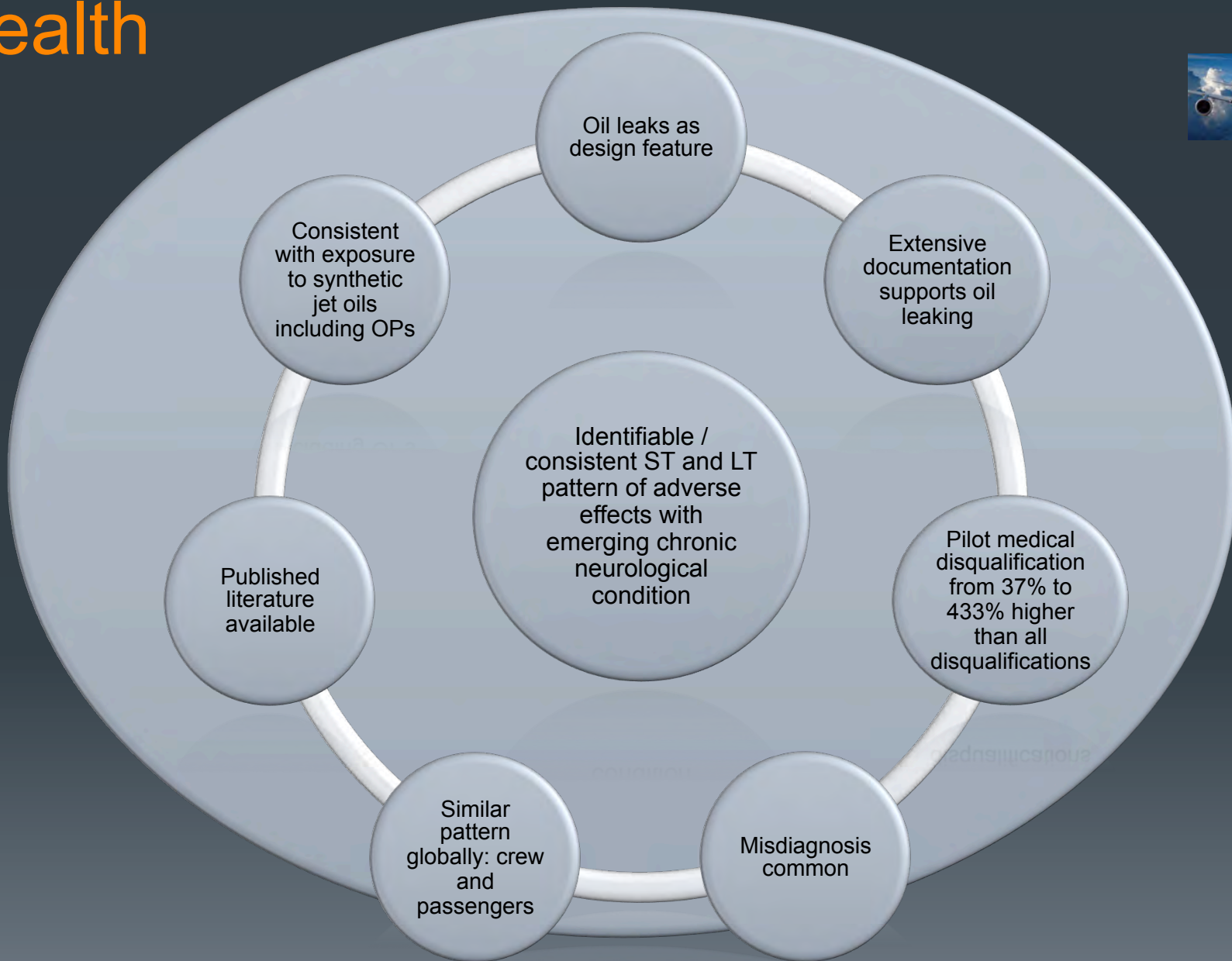
Causative relationship exists

Illness from a complex set of symptoms resulting from unique occupational environment

Specific symptoms can vary between people but general types of symptoms remarkably consistent.

**Term
Aerotoxic
Syndrome
is valid**

Health



My PhD - Conclusions



- ✈ Adverse effects with temporal association are evident;
- ✈ Monitoring cannot be used to say cabin air is satisfactory;
- ✈ Contaminated air is a function of design and operation of bleed air systems and therefore explains frequency;
- ✈ Awareness of issue dates back to 1950s;
- ✈ The problem remains unresolved and flight safety continues to be compromised;
- ✈ Lubricant manufacturer raises toxicity concerns with EASA;
- ✈ Solutions exist: Bleed free technology is now flying on the Boeing 787 and filtration solutions exist.

The data from this presentation was extracted from the PhD Thesis by Susan Michaelis (2011) entitled: "Health and Flight Safety Implications from Exposure to Contaminated Air in Aircraft".

ISBN: 978-0-95-554377-7

www.susanmichaelis.com

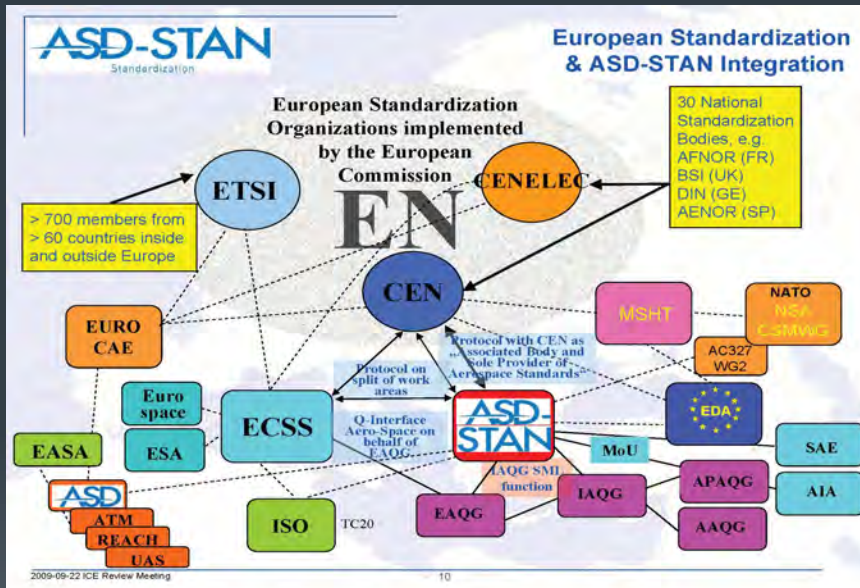
Other Factors to Consider

- Low level effect of mixtures; synergistic effects, reduced pressure environment, humidity
- ACGIH TLVs not suitable for aircraft environment
- Genetic and environmental individual variability
- OH&S regulations are not being met in most countries:
 - UK: HSE/CAA Memorandum of understanding – CAA takes lead & neither enforcing HSE regulations
 - USA: FAA takes Federal priority over OSHA & does not enforce regulations
 - EU: OSHA regulations: Not being met due to EASA/aviation lead
- REACH: Not being met
- EU (ASD-STAN) attempt to set health, safety & comfort standards (no toxicology included); SAe doing similar

What is Happening?

- UK House of Lords – 2000 – airlines should monitor air to *‘refute’ common allegations of poor cabin air quality....*
- **56 million euros** in EU cabin air studies – fail to address contaminated air
- Extensive range of industry/Government studies used to delay action/ provide uncertainty / no safety case
- “Reprehensible conduct” has been shown throughout industry with some minor actions now starting to occur by a select few
 - filtration trials; research on detection systems; Germany; NYCO oils etc...
- Documentation available is overwhelming to objective observer
- Boeing 787 is the answer as no longer uses bleed air for the cabin

EU Cabin Air Standards



EU standardisation project (ASD-STAN)

- Represent EU industry to promote it's interests....
- Halted with 2 public enquiries to be held
- EU/Industry cabin air studies- 56 million euros
- No toxicology/ ground based standards should not apply- (SAE, 2012)

TCP - Why are these Isomers of Interest?

41

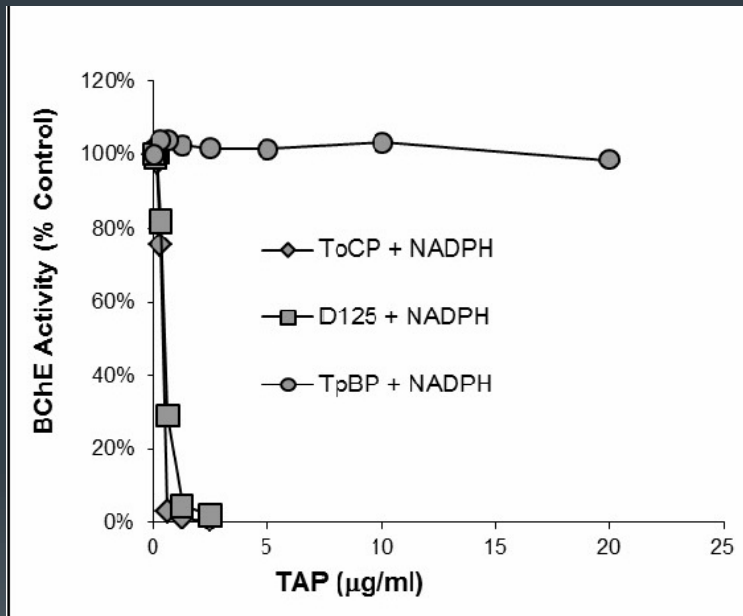
A Very Brief History of TCP Exposures

- **1930**
 - TOCP identified as the cause of paralysis in Ginger Jake Syndrome (Smith et al.)
- **1954**
 - TOCP has to be converted to toxic metabolite (~ in the liver -Aldridge)
- **1958**

Henschler – MOCP & DOCP more toxic than TOCP
- **1961**
 - Structure of toxic metabolite (cyclic saligenin phosphate) determined by John Casida



TCP - 2012



- D 125 bioactivates into enzyme inhibitors slightly less well than TOCP that paralyzed 50,000 people during prohibition
- TPCP and other Triaryl isomers found to adversely effect normal physiological processes

Baker et al (2012): safer anti-wear triaryl phosphates additives for jet engine lubricants.

Will they listen?



Hvor lenge skal dette være selskapenes viktigste strategi i håndtering av giftige oljer?



<http://www.headinthesandsymposium.com/event-news.html>

HOUSTON WE HAVE A PROBLEM



James Lovell, Apollo 13



Thank you



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